

新加坡國際集團有限公司與香港中醫藥科技學院

合辦

公共營養師文憑 Diploma in Community Nutrition – Course A



营养是决定健康的重要因素,和美容纤体,医疗保健,饮食及食品等行业密切相关。高产质农耕法,食品加工与处理,不正确烹煮方法可导致食物营养流逝。个人营养需求取决于个人体质,病史,年龄,性别,环境等因素。透过课程内容丰富全面,又切合实际需要,是晋身营养专业的最佳途径。

Nutrition is an important factor for a healthy body. It is as important as Wellness, Medical, F&B industry. Intensive farming techniques, food refining and processing, incorrect cooking methods have resulted in the loss of significant quantities of nutrients from food. Individual nutritional requirements are subject to genetic make-up, medical history, age, gender, environmental factors, etc. This course offers an extensive coverage towards a practical and professional approach through personal development.

一个课程 • 四个资格 / One Course • 4 Certification

- 公共营养师执照资格 中国国务院人才专业委员会 Professional in Community Nutrition by China Central Talents Committee
- 公共营养师文凭 香港中医药科技学院 Diploma in Community Nutrition by Hong Kong Academy of Chinese Medicine
- 公共营养师结业证书 新加坡国际集团有限公司 Community Nutrition Certificate by Singapore TCM Int'l Pte Ltd
- 国际营养医学协会会员 新加坡国际医药集团 / 国际营养医学协会 Nutraceutical Int'l Membership by Singapore TCM Int'l Pte Ltd / Nutraceutical Int'l

课程内容大纲 Course Outline

- 营养学的基础知识 Facts about Nutrition
- 特殊人群的生理与营养需求 Needs from peoples in various status
- 食物的营养价值 Nutritional value of food
- 膳食结构与膳食指南 Structure and guide of meal
- 疾病的饮食预防与控制 Against diseases through nutrition
- 保健食品及行销与销售技巧 Healthcare products and its promoting and selling
- 营养与美容, 常见问题及解决方案 Nutrition and beauty therapy
- 保健食品营养的烹调技巧 Cuisine skills to preserve nutrients
- 药膳与食疗 Chinese medicine meals and food therapy of China
- 食品的卫生安全及食物中毒的预防 Food safety and prevention of food poisoning
- 营养配餐与食谱编制, 营养咨询 Nutrition consultation

开课日期及课程费用 / Course Commencement & Fees

本专业课程在新加坡上课 This course is conducted in Singapore

开课日期: 2008年6月(180学时) 每星期一、三、五
课程费用: SGD 6,600 四个资格 / SGD 5,600 三个资格
SGD 4,800 二个资格 / SGD 3,800 一个资格

Course Commencement : June 2008 (180 hrs)

Every Monday, Wednesday, Friday

Course Fee : SGD 6,600 4 Certification / SGD 5,600 3 Certification
SGD 4,800 2 Certification / SGD 3,800 1 Certification

上课地点 (Venue): 国际集团四楼讲堂 TCM Lecture Room
43 Carpenter St, #04-00 Greatwood Building
Singapore 059922
(Near Clarke Quay MRT Station)

课程特为以下人士设计 / Course Specially For

- 营养品和保健行业从业员
- 美容师, 纤体顾问, 营养顾问
- 中西医疗及护理专业人士
- 膳食管理、酒楼业者及厨艺人员
- 任何对营养保健有兴趣人士

- Healthcare & Supplement Consultant
- Beauty, Body Sliming, Nutrition Consultant
- TCM Practitioners & Therapist
- F&B Manager, Restaurant chef etc
- Anyone interested in Nutrition



國際集團私人有限公司
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